


Restaurant & Takeaway

**20% Discount
on takeaway meals**

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CF24 4DY

www.thebalticuisine.co.uk

 **The Balti Cuisine**

Open 6 days a week

Monday: Closed *(excluding bank holidays)*

Sun-Thu: 5.30pm - 11.00pm

Fri & Sat: 5.30pm - 11.30pm

the balti cuisine
FINE BANGLADESHI CUISINE

Starters

Non Vegetarian		Vegetarian	
Mixed Starter	£4.95	Home made Vegetable Somosa	£3.50
Shahi Platter (for 2 to share)	£7.95	Stuffed Green Peppers	£4.50
Lamb Puree (Tender pieces of lamb delicately spiced with onions tomato's, then wrapped in a hand made fluffy bread)	£4.75	(Marinated with spices in the tandoori oven, then filled with paneer & spices)	
Sheek or Shamee Kebab	£3.75	Onion Bhajee (All time classic)	£3.75
Momo	£4.50	Paneer Tikka	£4.95
(Minced Lamb & spices wrapped in breadcrumbs)		(Marinated in warm spice & finished off with sesame seeds)	
Duck Meita	£6.95	Garlic Mushrooms	£3.95
(Spring duck off the bone marinated in herbs and spices cooked with honey)		(Cooked in butter & applied with garlic glaze)	
Chat (Murgi or Aloo) (v)	£3.95	Seafood	
Tandoori Lamb Chops	£7.50	Tandoori Scallops	£9.95
Home made Lamb Samosa	£3.95	Prawn Cocktail	£3.95
Chicken Tikka	£3.75	Prawn Puree	£3.95
Lamb Tandoor (Heavenly Soft)	£4.95	King Prawn Puree or Butterfly	£5.95
Spicy Tandoori Wings	£3.95	Fish Biran	£5.95
(Chicken wings marinated in chefs special sauce)		(Cooked in dry tomato & onion, spices)	
		Salmon Tikka	£6.95

Four Course Set Meal (for one person)

Chicken Tikka & Sheek Kebab (Starter), Lamb Karahi, Chicken Tikka Massalla, Pillaw Rice (Main), Ice Cream (Dessert)	£14.95
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Tandoori Dishes (Grill dish, dry served with salad)

	Lamb	Chicken		
Shashlic (Tomato, capsicum, onion)	£11.95	£10.95	Salmon Shashlic	£16.95
Tikka Garlic Stir Fry	£10.95	£11.95	King Prawn Tandoori	£18.95
Tikka	£9.95	£8.95	Tandoori Mixed Grill (with Nan)	£14.25
Tandoori Chicken (on the bone)	£9.95		House Special Grill	£18.95
Tandoori Lamb Chops	£15.95	-	(Selection of our grills includes - lamb tikka, tandoori chicken, barbecue chicken, lamb chops, sheek kebab and tandoori king prawns. A meat feast)	
(Chops medalion marinated in coriander, mixed in blend of spices)				

Massalla Dishes (Prepared with no artificial colluring)

	Lamb	Chicken		
Tikka Massalla	£8.95	£7.95	Tandoori Mixed Grill Massalla	£12.95
Chilli Massalla	£9.95	£8.95	King Prawn Massalla	£16.95
Tandoori Massalla	-	£11.95	Vegetable Massalla	£7.95
(on the bone)			Paneer Massalla	£9.95

20% Discount on Take-Away Meals

Our Signature Dishes

Seafood	
Raja Chingri Special (King Prawn grilled over Tandoori oven and cooked in chef's own special sauce)	£16.95
Fish Jhol (Cooked in medium sauce with onion and green peppers)	£13.95
Fish Bhoona (In thick sauce with tomatoes & onion)	£14.95
Seabass (Prime cut fillet of seabass sautéed in fresh ground garlic and special paste. Pan fried until golden crisp)	£15.95
Salmon - E - Khas (Chunks of salmon infused in delicate spice and pan sautéed with caramelised onions and tomato)	£15.95
Scallops Special (Scallops complimented with our own spices, served dry, with salad. A must try dish)	£17.95
Mackerel Tandoor (Mediumly spiced with chef's own special tandoori marinated and cooked to perfection in the tandoor).	£16.95
Green Fish Curry (Fish fillet served with grated coconut topped with coriander and mint, which gives the dish an exquisite herbal flavour)	£16.95
Badshahi Chingri (King prawn flavoured with mustard seeds, onion seeds, fennel, coriander, tomatoes cooked with potatoes in a medium spiced curry)	£16.95

Please Note:

All measures are taken to ensure that all of our fish dishes are free from bones.

Attention still must be paid as there may still be traces of fish bones beyond our control.

	Lamb	Chicken
Murgi Jaipur (Chicken or lamb cooked with onion & tomato in medium to hot sauce. Garnished with finely cut potato)	£9.75	£8.95
Bindi Bahar (Prepared in medium spices & cooked with okra in a bhoona sauce)	£9.75	£8.95
Darzling Lamb or Murgi (Spicy dish, chicken or lamb slow cooked to bring out the juices of the meat and topped with onion rings)	£9.75	£8.95
Murgi or Lamb Chilli (Tender pieces carefully spiced to bring out the special aroma of the chillies. Hot dish)	£9.75	£8.95
Shatkora (Traditional regional citrus cooked with subtle tangy flavours, served in a special sauce)	£9.75	£8.95
Methi Lamb or Murgi (Highly flavoured chicken or lamb, cooked with fresh garlic, onions, peppers and fenugreek)	£9.75	£8.95
Coriander Murgi or Lamb (Tender lamb or chicken prepared with medium spices with yoghurt and fresh dhonya)	£9.75	£8.95
Sizzling Monipuri (Hot dish cooked with onions & green peppers with special paste, which gives it's own flavour & taste)	£10.95	£9.95
Kholapuri (Hot & spicy dish prepared with turmaric, cumin, coriander and green chillies)	£11.95	£10.95

Food Allergies & Intolerances

Before you order your food please speak to our staff if you want to know about our ingredients.

Thank you

(v) Vegetarian (or vegetarian option available)

Our Signature Dishes continues

Lamb Chops E-Khas (Marinated in delicate flavours, then cooked in a medium home style sauce. Highly recommended)	£15.95
Murgi Rezala (Tender strips of spring chicken slow cooked with minced lamb to create a dish which is rich in taste)	£9.95
Maharaja Bhoona (Chicken Tikka, Lamb Tikka, Minced Lamb, covered in medium special sauce)	£9.95
Lamb Shank (Slow cooked shank, cooked with our method to bring out the full flavour of the meat. Served with saag aloo & sauce)	£16.95
Duck - Hash Special (Fillet breast of fresh duck cooked in medium to hot spice. Cooked to perfection)	£16.95
Barbecue Chicken (Fresh chicken marinated over night. Smothered with grounded fresh coriander, garlic, chillies. Then applied with our own special smokey Barbecue sauce. Heavenly taste, sweet and spicy)	£10.95
Shahi Badami (Breast fillet of chicken, slowly cooked in fresh cream with nuts. Very mild and nutty dish)	£9.95
Murgi Khas (Marinated chicken grilled over the tandoori oven and cooked in special sauce)	£10.95
Sizzling Beef (Beef cooked in variety of spices with yellow and green peppers. Served in a sizzling platter to enhance the taste experience of our guests)	£11.95

Chef's Recommendations

	Lamb	Chicken
Chicken or Lamb Tikka Jalfrezi (Spring chicken or lamb cooked with tomatoes and onions in hot spicy sauce topped with green chilli)	£8.95	£7.95
Murgi or Lamb Makani	£8.95	£7.95
Chicken or Lamb Pasanda	£8.95	£7.95
East Bengal Garlic Chilli (Cooked in fresh garlic and chilli sauce with crisp red chilli on top)	£10.95	£9.95
King Prawn Karahi (Cooked with chopped onion, sliced ginger, capsicum, tomato & fresh spices)		£15.95
Non-Vegetarian Thali (Selection of chicken Tandoori, chicken tikka Massalla, lamb pasanda, prawn bhoona, rathia, with pillaw rice & nan)		£15.95
Vegetarian Thali (Selection of saag, mushroom, baingan bhajee, aloo gobi, massalla sauce with pillaw rice & roti)		£14.95

Our Biriani Specials (Served with Vegetable Curry unless stated otherwise)

Tandoori Chicken Biriani (Massalla Sauce)	£11.95
Chicken Tikka Biriani (Massalla Sauce)	£10.95
House Special Biriani	£11.95
Chicken, Lamb, Prawn & Vegetable (v) Biriani	£9.95
King Prawn Biriani	£16.95
Maharaja Biriani (Combination of chicken tikka, lamb tikka and mince lamb stir fried with the finest basmati rice. Twist on our very popular maharaja bhoona)	£11.95

Original Balti Dishes

Vegetarian		Non Vegetarian	
Chana Dansak (v) (Chick peas & lentils stir fried, served in hot sauce)	£7.95	Original Lamb Balti	£8.95
Sabzi Panner Jalfrezi Balti (Vegetables cooked with chillies, fresh spices & soft cheese)	£8.50	Original Chicken Balti	£7.95
Sabzi Maharaja Balti (v) (Okra, spinach, aubergine & potato cooked in medium spices balti style)	£7.95	Lamb & Spinach Balti	£8.95
Chana Spinach Balti (v) (Chick peas and fresh market spinach cooked in medium to hot spice)	£7.95	Lamb & Mushroom Balti	£8.95
Daal Massalla (v) (Lentils cooked in thick spicy bhoona style served with our balti special sauce)	£7.95	Chicken & Mushroom Balti	£7.95
		Chicken & Spinach Balti	£7.95
		Prawn Balti	£8.95
		Chicken & Vegetable Balti	£7.95
		Lamb & Vegetable Balti	£8.95
		Lahore Balti Speciality (Lamb, Chicken, Prawn & Spinach)	£9.95

Traditional Favourites

The following dishes are available with a choice of finest quality Chicken, 100% New Zealand Lamb, Prawns, Beef or Fresh Market Vegetables

	Chicken	Lamb or Prawn	Beef	Chicken Tikka	Lamb Tikka	King Prawn
Curry, Madras or Vindaloo (v) (Medium, Hot or Very Hot)	£6.95	£8.50	£9.50	£7.95	£8.95	£12.95
Dhansak (v) (Sweet, Sour & Hot with Lentils)	£6.95	£8.50	£9.50	£7.95	£8.95	£12.95
Bhoona (v) (Medium dish with Onions and Tomatoes)	£6.95	£8.50	£9.50	£7.95	£8.95	£12.95
Dupiaza (v) (Medium dish with Onions & Capsicum)	£6.95	£8.50	£9.50	£7.95	£8.95	£12.95
Saag (v) (Medium dish with Spinach)	£6.95	£8.50	£9.50	£7.95	£8.95	£12.95
Rogan Josh (v) (Prepared with Tomatoes)	£6.95	£8.50	£9.50	£7.95	£8.95	£12.95
Malayan (v) (Prepared with Pineapple)	£6.95	£8.50	£9.50	£7.95	£8.95	£12.95
Pathia (v) (Sweet, Sour & Hot)	£6.95	£8.50	£9.50	£7.95	£8.95	£12.95
Kurma (v) (Very mild dish with Coconut & Fresh Cream)	£7.95	£8.95	£9.95	£8.50	£9.50	£13.50

Try our pulled chicken - full of flavours and taste. Add £0.95 to any chicken dish

Side Vegetables

Vegetable Trio (Chef's Choice)	£7.25	Mushroom Bhajee	£3.75
Palok Paneer	£3.95	Cauliflower Bhajee	£3.75
Capsicum Bhajee	£3.75	Bombay Potato	£3.75
Saag Aloo (Spinach & Potato)	£3.75	(Hot Spicy Potato)	
Mixed Vegetable Bhajee (Dry)	£3.75	Aloo Gobi (Potato & Cauliflower)	£3.75
Brinjal Bhajee (Aubergine)	£3.75	Chana Massalla (Chick Peas)	£3.75
Bindi Bhajee (Okra)	£3.75	Tarka Dall (Lentils)	£3.75
Saag Bhajee (Spinach)	£3.75	Hot Medium or Mild Sauce	£3.25

Rice, Bread & Sundries

Keema Rice	£3.95	Nan Garlic	£2.95
Mushroom Fried Rice	£3.50	Coriander & Garlic Nan	£2.95
Egg Fried Rice	£3.50	Home made Paratha	£2.95
Lemon Fried Rice	£3.50	(Plain or Vegetable)	
Coconut Fried Rice	£3.50	Home made Chapathi	£1.75
Special Fried Rice	£3.50	Rathia (Plain)	£1.95
Pillaw Rice (Basmati)	£2.95	Rathia (Cucumber or Onion)	£2.95
Rice (Basmati)	£2.90	Papadom	£0.80
Plain Nan	£2.40	Papadom Massalla	£0.80
Nan Keema (Minced Lamb)	£2.95	Chips	£2.75
Nan Stuffed (Veg with green chillies)	£2.95	Green Salad	£2.95
Nan Peshwari (Almond & Coconut, Sweet)	£2.95	Bangla Salad	£4.95
		Mixed Chutney (Per Person)	£0.75



FOOD HYGIENE RATING

Ewch i food.gov.uk/ratings i ganfod sgor hylendid bwyd ein busnes neu gofynnwch inni beth yw ein sgor hylendid bwyd wrth archebu.

Go to food.gov.uk/ratings to find out the food hygiene rating of our business or ask us for our food hygiene rating when you order.

The Management reserves the right to refuse service or admission. We do not accept cheques. Management reserves the right to withdraw any offer, without prior notice. Minimum spend per head £12.00.